

## **Biodata**

*I am **Inna MIZIURKO**, Ukrainian by nationality. I work as a teacher of English at school. I graduated from Stepan Demianchuk International University of Economics and Humanities in 2022, and obtained my diploma as a teacher of English and Polish Languages. Now I am a Master Degree student at Stepan Demianchuk International University of Economics and Humanities. In my opinion, learning and being fluent in foreign languages is a good bonus that reveals lots of opportunities for us.*

### **WHEN YOU ARE GOOD TO OTHERS, YOU ARE BEST TO YOURSELF**

In our everyday life we meet people who are always ready to help. And since the war continues in my country, I am even more convinced of this, because the whole world is helping Ukraine. Every country understands that the aggressor has no moral principles.

And it is worth mentioning that such people help not because they are asked to help. In this way they give an example of how people can be attentive to each other. Each person ought to do good because they want to do so, not because they are told to help.

There is an African proverb which says, «Help me during the flood, and I will help you during the drought». When we help other people, we do a good thing for them. No one knows for sure what will happen tomorrow. We see how various misfortunes happen in different parts of the world and every country tries to help as soon as possible. Because the greatest treasure we have is life. And we should cherish it and not take away the opportunity to live apart from others.

So, forming moral values is not a simple thing, it could take us our whole life. Humanity is formed from childhood at home as well as in various kinds of communities such as schools, universities, churches. It is very precious if we are willing to help from the bottom of our hearts, because otherwise we cannot survive in this world. It would seem such a simple issue of social responsibility, but what a deep meaning it carries and how relevant it is in any country and at any age!

Inna MIZIURKO